



# Machine Learning (ML) with Python

## Regularization

Dr. Aeshah Alsughayyir

Collage of Computer Science and Engineering

Taibah University

2021-2022

# Outline:

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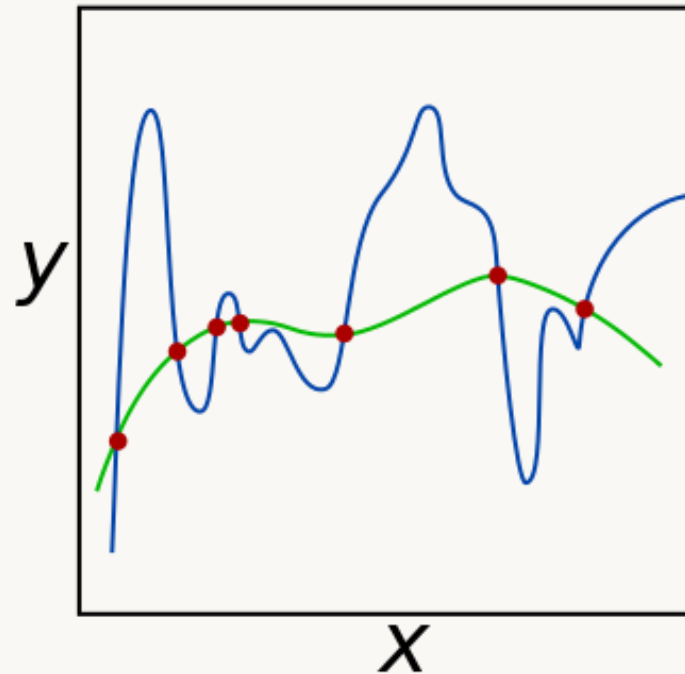
- Regularization
  - Overfitting
  - How to Avoid Overfitting?
  - Understanding Regularization
  - Regularization Techniques of Linear Model
    - Ridge Regression
    - Lasso Regression
  - Impact of Regularization
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# Overfitting

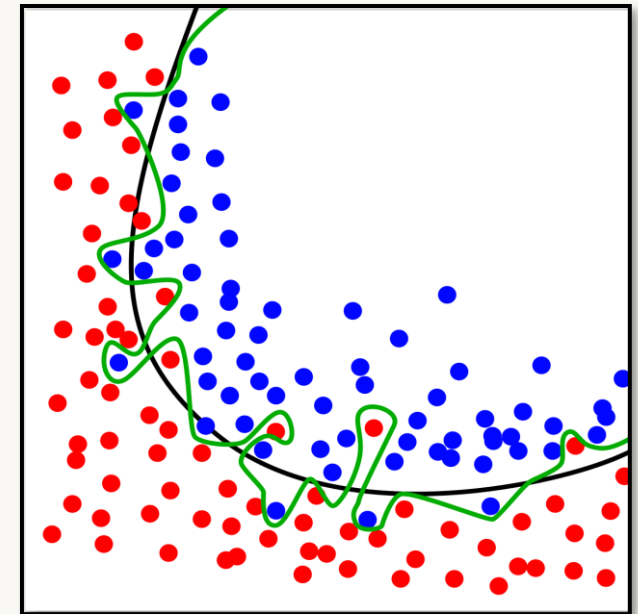


- Overfitting of the model occurs when the model learns just ‘too-well’ on the train data.
- This would sound like an advantage, but it is not.
- When a model is overtrained on training data, it performs worst on the test data, or any new data.
- Technically, the model learns the details as well as the noise of the train data.

Linear regression overfitting



Logistic regression overfitting



# How to Avoid Overfitting?

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- There are several ways of avoiding the overfitting of the model such as:
  - K-fold cross-validation
  - Resampling
  - *Reducing the number of features* (BUT this presents a disadvantage as removing features is sometimes equivalent to removing information)
  - *Applying Regularization to the model*

**Regularization** is a better technique than Reducing the number of features to overcome the overfitting problem as in Regularization we do not discard the features of the model.

**Regularization works well when there are a lot of slightly useful features**

# Understanding Regularization

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- Regularization is a technique that penalizes the coefficient.
- In an overfit model, the coefficients are generally inflated.
- Thus, Regularization adds penalties to the parameters and avoids them weigh heavily.
- The coefficients are added to the cost function of the linear equation.
- Thus, if the coefficient inflates, the cost function will increase. And Linear regression model will try to optimize the coefficient in order to minimize the cost function.
- Practically, you can check if the regression model is overfitting or not by RMSE (Root Mean Square Error).
- A good model has a similar RMSE for the train and test sets.
- If the difference is too large, we can say the model is overfitting to the training set.
- There are various techniques for adding penalties to the cost function

We will explore the most common Regularization Techniques of Linear Models

# Regularization Techniques of Linear Model

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## Types of Regularization in ML



**Elastic-Net Regression**  
Regularization (combines both L1 and L2)

# Regularization Techniques (Cont.)

## 1. Ridge Regression (L2 Regularization):

- Here, we're going to minimize the sum of squared errors and sum of the squared coefficients ( $\beta$ ).
- The coefficients ( $\beta$ ) with a large magnitude will generate the graph peak and deep slope, to suppress this we're using the lambda ( $\lambda$ )
- **lambda ( $\lambda$ )** is called a Penalty Factor and help us to get a smooth surface instead of an irregular-graph.
- Ridge Regression is used to push the coefficients( $\beta$ ) value nearing **zero** in terms of magnitude.
- This is L2 regularization, since it's adding a penalty-equivalent to the **Square-of-the Magnitude** of coefficients.

**Ridge Regression = Loss function + Regularized term**

*Transforming the Loss function into Ridge Regression*

$$\sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \quad \Rightarrow \quad \sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^p \beta_j^2$$

**Loss function**                      **Loss function + Regularized term**

Designed by Author (Shanthababu)

**Note :**  $j = 1 \rightarrow n$ ,  $\theta_0$  is not regularized, it is the intercept

# Regularization Techniques (Cont.)

## 2. Lasso Regression (L1 Regularization):

- LASSO stands for Least Absolute Shrinkage and Selection Operator.
- It is very similar to Ridge Regression, with little difference in Penalty Factor that coefficient is magnitude instead of squared.
- In Lasso there are possibilities of many coefficients becoming zero, so that corresponding attribute/features become zero and dropped from the list.
- This ultimately reduces the dimensions and supports for dimensionality reduction. So, it's deciding that those attributes (features) are not suitable for predicting target value.
- This is L1 regularization, because of adding the Absolute-Value as penalty-equivalent to the magnitude of coefficients.

**Lasso Regression = Loss function + Regularized term**

**Transforming the Loss function into Lasso Regression**

$$\sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \quad \Rightarrow \quad \sum_{i=1}^M \left( y_i - \sum_{j=0}^p w_j \times x_{ij} \right)^2 + \lambda \sum_{j=0}^p |w_j|$$

**Loss function**
**Loss function + Regularized term**

Designed by Author (Shanthababu)

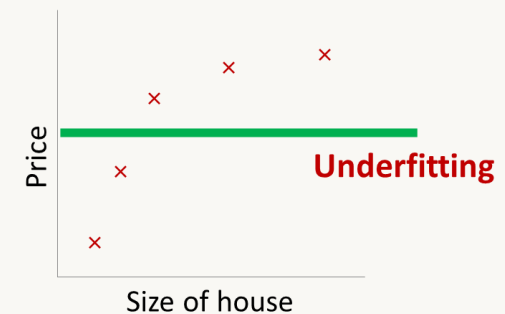


# Regularization Techniques (Cont.)

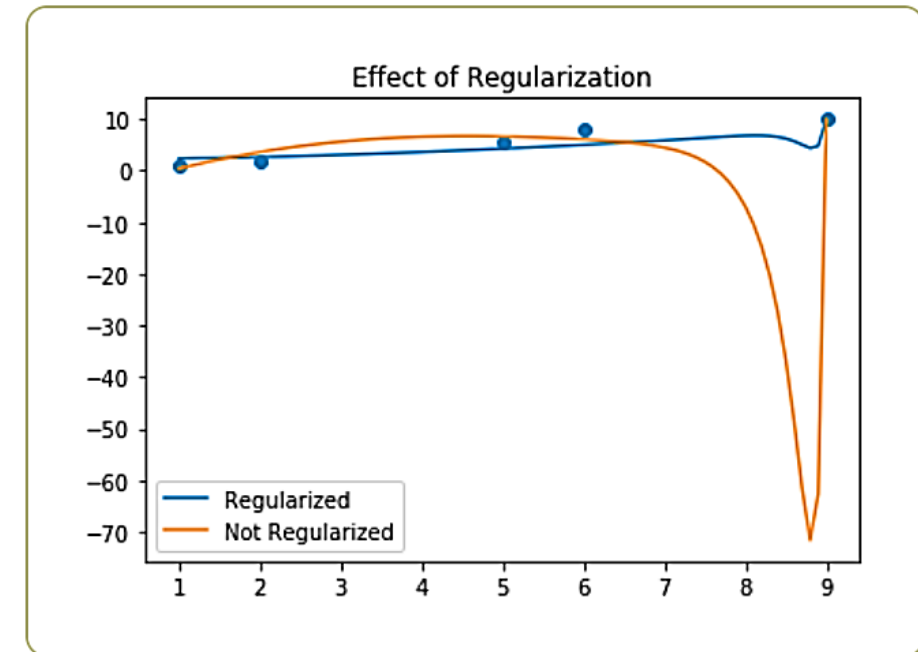
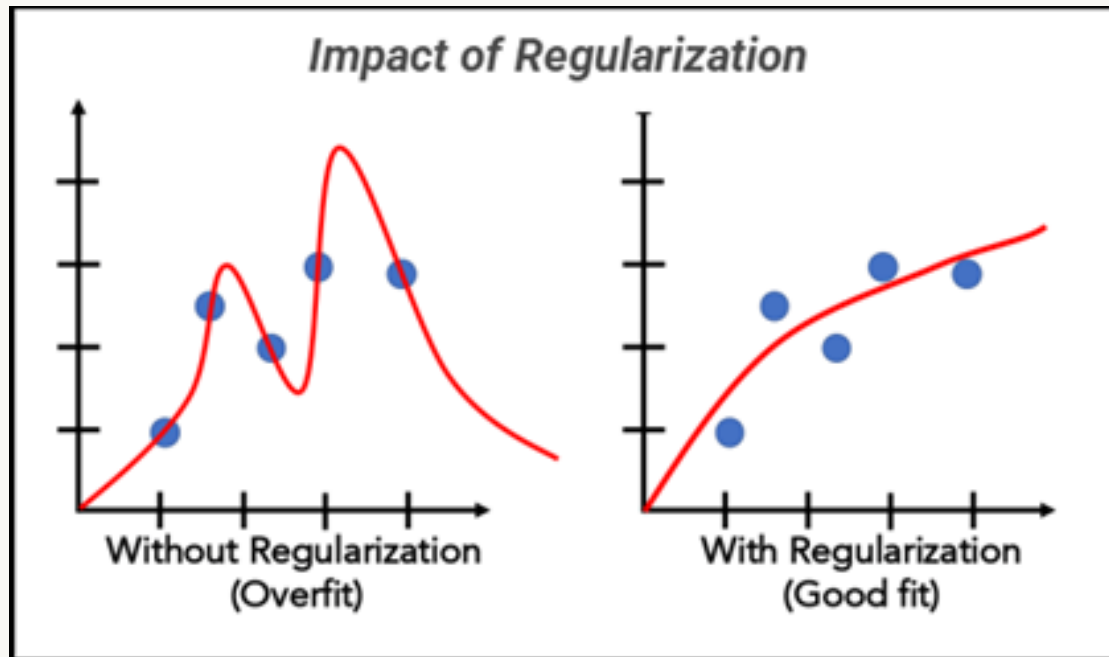
## Characteristics of Lambda

Remember one thing that the Ridge never make coefficients into zero, Lasso will do. So, you can use Lasso for feature selection.

	$\lambda = 0$	$\lambda \Rightarrow \text{Minimal}$	$\lambda \Rightarrow \text{High}$
Lambda - Penalty Factor ( $\lambda$ )	<ul style="list-style-type: none"> <li>No impact on coefficients (<math>\beta</math>) and model gets Overfit</li> <li>Not suitable for Production</li> </ul>	<ul style="list-style-type: none"> <li>Generalized model.</li> <li>Acceptable accuracy</li> <li>Eligible for Test and Train</li> <li>Fit for Production.</li> </ul>	<ul style="list-style-type: none"> <li>Very high impact on coefficients (<math>\beta</math>).</li> <li>Leading to underfit.</li> <li>Ultimately not fit for Production.</li> </ul>



# Impact of Regularization



*Regularized Linear Regression*

# Example (with Python)

```
In [23]: from sklearn import datasets
from sklearn.linear_model import Lasso
from sklearn.model_selection import train_test_split
#
# Load the Boston Data Set
#
bh = datasets.load_boston()
X = bh.data
y = bh.target
#
# Create training and test split
#
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3, random_state=42)
#
# Create an instance of Lasso Regression implementation
#
lasso = Lasso(alpha=1.0)
#
# Fit the Lasso model
#
lasso.fit(X_train, y_train)
#
# Create the model score
#
lasso.score(X_test, y_test), lasso.score(X_train, y_train)
```

```
Out[23]: (0.655906082915434, 0.6899591642958296)
```

```
In [13]: lasso.coef_
```

```
Out[13]: array([-0.          ,  0.          , -0.          ,  0.22497382, -0.          ,
        2.73102016, -0.          , -0.          , -0.          , -0.          ,
        -1.24748188,  0.26711155, -3.75408325])
```

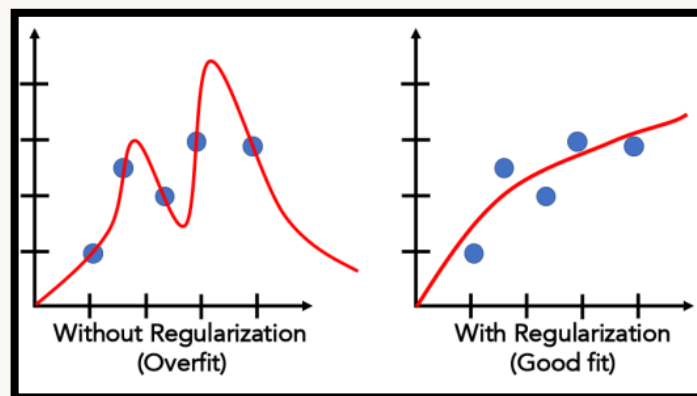
# Summary

## L1 REGULARIZATION (LASSO)

$$L(x, y) \equiv \sum_{i=1}^n (y_i - h_{\theta}(x_i))^2 + \lambda \sum_{i=1}^n |\theta_i|$$

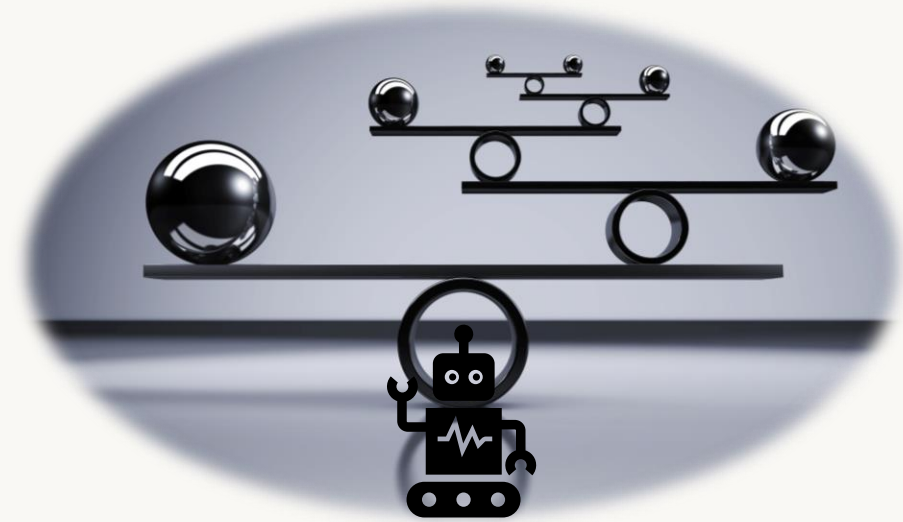
## L2 REGULARIZATION (RIDGE)

$$L(x, y) \equiv \sum_{i=1}^n (y_i - h_{\theta}(x_i))^2 + \lambda \sum_{i=1}^n \theta_i^2$$



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The End..



Any Questions?